Sociopolitical Factors

Income Support
Education
Health Care
Health Promotion
Employment & Working Conditions
Child Care
Housing
Transportation
Urban Planning
Food Industry & Agriculture

Individual Factors

Individual's Family of Origin & Birth Circumstances:
- class, gender, race/ethnicity, material resources, family’s social trajectory => Individual’s Primary Habitus

Individual’s Current Circumstances:
- income & material resources, family roles & responsibilities, employment, time constraints, stage of life, social support
- personal food preferences, food skills, knowledge, attitudes

Occupation & Income (Class) => Secondary Habitus

Environmental Factors

Food costs
Food availability in particular situations (e.g., work, school, food banks)
Cultural food norms
Product advertising & marketing
Food labeling
Food supply
Transportation/access to grocery stores
Food retailers’ & restaurants’ policies

Logic of Practice
Eating Practices